

## **Detailed Services** [Off site services may cost]

### **Functional Movement Assessments**[ Free Estimates for Offsite service]

The Functional Movement Screen (FMS) is **a screening tool used to evaluate seven fundamental movement patterns in individuals with no current** pain complaint or musculoskeletal injury. The FMS is not intended to diagnose orthopedic problems but rather to demonstrate opportunities for improved movement in individuals.

### **Medical Doctor Referral**[ Free of Charge]

If you need more care than we are equipped to offer will refer you to the appropriate healthcare professional until you already have a specific choice for your needs.

### **Postural Analysis** [ Free Estimates for Offsite service]

Use the MYKBrain program and physical posture analysis by a healthcare professional. We will input your postural findings in the MYKBrain along with any contributing symptoms and determine your nerve roots need to be focused on to improve your posture and symptoms.

### **Workspace Ergonomic Analysis** [Free Cost Estimates]

We will come to your work place and examine your workspace to help relieve any stress, tension, tightness, and/or symptoms cause by your workspace or desk setup.